

BACK TO SCHOOL CHECK LIST

Make this School Year as stress free as possible! Plan, organize, and enjoy

2 Months Before School Starts

- Schedule doctor visits and physicals
- Obtain all documents and forms your doctors office will need to fill out and renew prescriptions for medications

6 Weeks Before School Starts

- Clean out closets and dressers. One kid at a time and don't forget about yourself
- Sit down and talk to your kids about sports and clubs they are interested in.
- Go through Office Supplies
- Clean out junk drawer

1 Months Before School Starts

- Sit down with your planner and write in the entire school calendar, include sports, other school activities, as well as, birthdays and other personal events for the entire school year
- Go through last years school supplies
- Obtain a list of recommended school supplies from the school
- Compose all shopping lists: School Supplies, Clothing, Office Supplies

3 Weeks Before School Starts

- Clean out and organize pantry, fridge and chest fresher
- Create/organize command center/organization station
- Plan out 1st month of lunches and dinners
- Check on progress of students reading list and math packets

2 Weeks Before School Starts

- Purchase wardrobe, school supplies, sports gear, office supplies, organization goods and the odds and ins on your list
- Start getting kids back on school day schedules
- Get school supplies organized and ready to go.



1 Week Before School Starts

- Go grocery shopping stock up on snacks and nonperishable
- Make babysitter arrangements for dates and times needed. Plus update when I am out form.
- Make appointments for hair cuts
- Lay out first week of school outfits
- Update kids routine check list
- Update Command/Organization Center
- Prep breakfast dishes and freeze

3 Days Before School Starts

- Go grocery shopping for all perishables
- Get 1st day of School Board Ready
- Make sure camera is charges and SD Card is ready to go
- Organize fridge, make fruit and veggie packs for lunches and snacks

Night Before School Starts

- Prepare lunches and snacks
- Double check that backpack is good to go
- Double check clothes are ready for the first week
- Lay out 1st day board and camera so they are ready to go in the morning
- Prep Coffee
- Set the alarm clock and get a good nights sleep

1st day of school

- Enjoy the day and remember the tissue